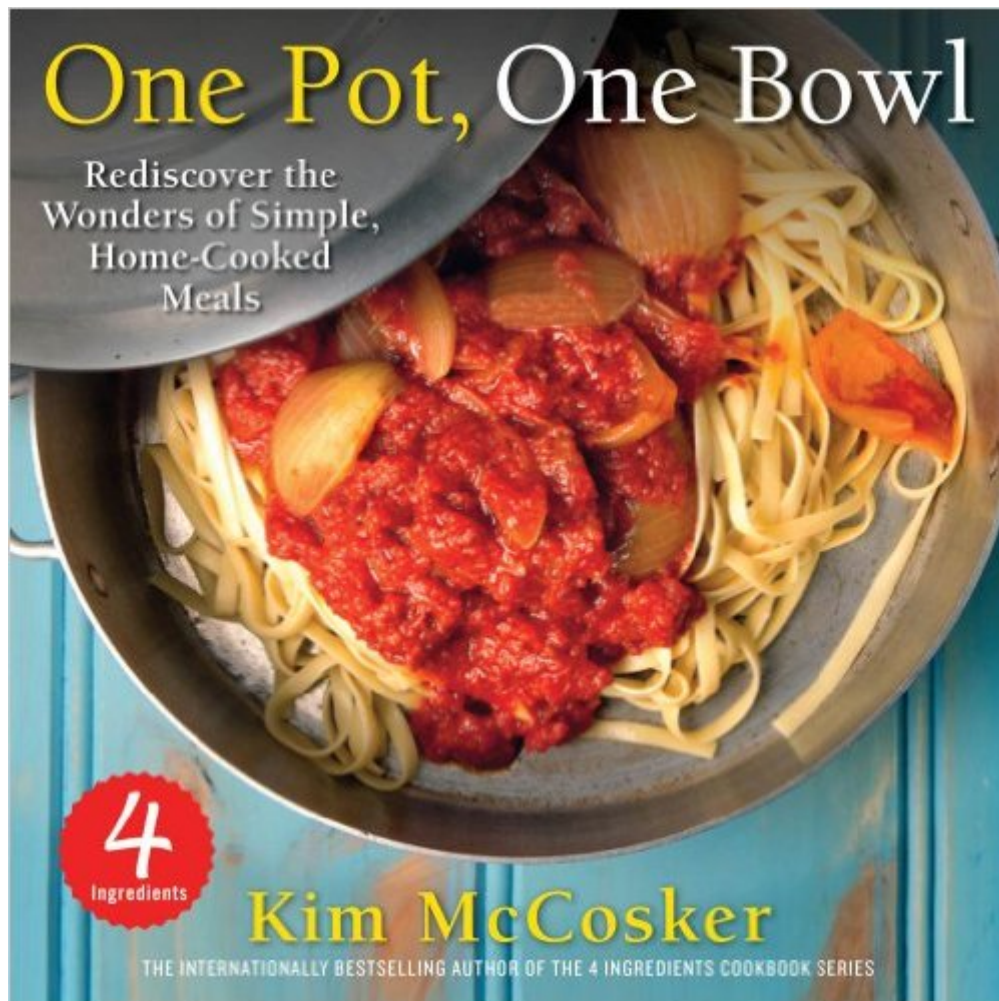


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# 4 Ingredients One Pot, One Bowl: Rediscover The Wonders Of Simple, Home-Cooked Meals



## Synopsis

From the coauthor of the internationally bestselling 4 Ingredients series comes a new, must-have cookbook designed to bring joy and flavor back into the kitchen. From a creator of the internationally bestselling 4 Ingredients series comes a new, must-have cookbook designed to bring joy and flavor back into the kitchen. 4 Ingredients One Pot, One Bowl is an ingenious collection of sweet and savory dishes full of fresh, easy-to-find ingredients that require only one pot and one bowl. That means less cleanup and more time enjoying life and delicious food with the friends and family you love. In this book, youâ™ll find more than eighty recipes for tasty and deceptively simple casseroles, roasts, soups and stews, pizzas, pasta, pies, and desserts. Imagine Creamy Bacon & Sun-Dried Tomato Chicken, French Lamb Casserole, Apple Crumble, and Baked Rice Puddingâall using four or fewer ingredients. With One Pot, One Bowl, life just got easierâand a whole lot more delicious!

## Book Information

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## Customer Reviews

The concept behind this book is simple: take up to four ingredients, combine into one bowl and this will lead to a tasty, convenient dish. The recipes are split into chapters covering breakfasts & brunches, snacks & lunches, slow cookers & casseroles, pots & pans, roasts & bakes, soups & stews, pizza, pies & pasta and finally sweet treats (and straight away one of this reviewer's favourite recipes jumps straight out of the page). This book takes a new approach with its look inside the cupboard, examining typical ingredients used, by giving a relatively concise list and pointing out that

you if you have all of the ingredients there you can prepare anything in the book. For some strange reason, it was felt necessary though to note that "salt, pepper and water are not included in the four ingredients." Would anyone REALLY be that picky? Flipping through the recipes you can see that a lot of thought has been put into the selection of the recipes. Sure, many are simple - but that is the point - but not with ludicrous examples as "making toast", take bread, butter and toast the bread. Small things really make some of these recipes stand out, such as the idea of serving a pesto bread inside small flower pots (or cans) and this cannot fail to be appreciated when served at table. Other recipes are simply intriguing, such as making a lemon butter, as a great alternative spread for toast or a muffin filling. Other recipes are perhaps a more acquired taste, such as toasted Nutella sandwiches - which the author is at pains to point out are immensely popular on Facebook. The author has missed a trick here (and this is one of our bugbears). List the typical preparation time and cooking time!

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